

Our services

Alzheimer's Society provides a range of support services for people with dementia and their carers in your area.

Dementia support service

If you have dementia, or care for someone with dementia, our dementia support workers provides emotional and practical support to help you maintain independence for as long as possible. Dementia support workers can provide information about dementia and signpost to local support services.

Day support service for younger people with dementia

Our day support service for people with dementia is tailored to the needs of younger people (under 70). This service provides personalised care and you will be supported to make decisions on how to spend your time.

Singing for the Brain®

Singing for the Brain® uses the therapeutic benefits of music to help improve well-being and confidence. If you have dementia, or care for someone with dementia, the sessions will offer you the opportunity to socialise whilst engaging in a stimulating group activity.

Memory Cafés

If you have dementia or care for someone with dementia you will be welcome at one of our cafés. They provide the opportunity to take part in activities or simply have a cup of tea and a chat with others in a similar situation, as well as health and social care professionals.

Activity groups

Our activity groups allow you to do the things you enjoy or try something new in a safe and supportive environment. You can also share personal experiences with others in a similar situation.

Friendship and activities

If you have dementia, or care for someone with dementia, our friendship and activity group offers a variety of stimulating activities, like bowling and art, which aims to improve well-being. You can take part in activities or simply chat and share your experiences with others in a similar situation.

Support group for carers

We offer regular support groups for carers, giving you the opportunity to share experiences and practical information with others in a similar situation. Our trained staff and volunteers will be on hand to offer advice and support.

About Alzheimer's Society

Alzheimer's Society is the UK's leading support and research charity for people with dementia, their families and carers. We provide information and support to people with any form of dementia and their carers through our publications, National Dementia Helpline, website, and around 3,000 local services. We campaign for better quality of life for people with dementia and greater understanding of dementia. We also fund an innovative programme of medical and social research into the cause, cure and prevention of dementia and the care people receive.

For more information about dementia and the support available, visit alzheimers.org.uk or call the National Dementia Helpline on 0300 222 1122.

alzheimers.org.uk

If you would like more information about any of our services please contact us. We're here to help.

Alzheimer's Society
Suite A
Verona House
Filwood Road
Fishponds
Bristol
BS16 3RY

T 0117 9610693

E southgloucestershire@alzheimers.org.uk



Alzheimer's Society operates in England, Wales and Northern Ireland.
Registered charity number 296645.

**Alzheimer's
Society** | Leading the
fight against
dementia

Support services for people affected by dementia in South Gloucestershire



If your life is affected by dementia,
Alzheimer's Society is here for you.